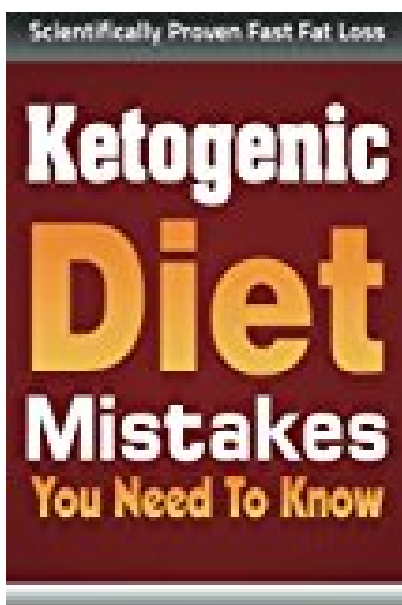


Ketogenic Diet Mistakes You Wish You Knew ketogenic diet ketogenic diet for weight loss ketogenic diet for beginners diabetes diet paleo diet anti inflammatory diet



BOOK DETAILS

- Author : Sara Givens
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- ISBN : 151500581X

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BOOK SYNOPSIS

This book is about my sons journey with type I diabetes and my own journey with aggressive breast cancer. It is about how I linked type I diabetes with epilepsy and how this helped me link cancer with epilepsy as well. I modified the traditional ketogenic diet used at Johns Hopkins Medical Center to treat epilepsy. I then used my own version of the diet to make my breast cancer tumor disappear in about two weeks. It is also about using my modified ketogenic diet for my son who is a type I diabetic, and him being able to eat without needing any insulin and without doing any calorie restrictions. This is my diet of hope -along with the research that comes from my heart- that I am sharing with you. "Let food be thy medicine and medicine be thy food." Hippocrates

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