

# Best Start Understanding your babys emotional needs to create the best beginnings

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## BOOK DETAILS

- Author : Lynn Jenkins
- Pages : 172 Pages
- Publisher : ReadHowYouWant
- Language : English
- ISBN : 1459631978

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## **BOOK SYNOPSIS**

Every parent wants the best for their child, but how do you go about giving your baby or toddler the skills they need to live a happy, fulfilled life? 'Best Start' has the answers! Your baby's early experiences and interactions provide them with the beginnings of their self-beliefs, thoughts and feelings; their self-esteem and self-value; how they operate in relationships; how they behave socially; and their sense of emotional security. It is therefore vital that you understand how to help your baby to develop trust and confidence, and to feel secure and valued. In 'Best Start', psychologist Lynn Jenkins looks at how a person's emotional foundations are formed in babyhood and the power that these foundations have over the way in which a child develops. Most importantly, she outlines what your baby needs in order to develop a positive idea of themselves and what you can do to meet those needs, ensuring that your child experiences the best start in life. Simply written with an engaging honesty and humour, 'Best Start' is essential reading for every parent!

### **BEST START UNDERSTANDING YOUR BABYS EMOTIONAL NEEDS TO CREATE THE BEST BEGINNINGS**

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